# 5 Ways to Get Your Department Involved



#### 1. Volunteer

There are State and Regional Competitions held each year where Law Enforcement are always welcome to attend in their uniforms and hand out awards to the athletes – you are their heroes! Or, attend the Celebration Ceremonies and help bring in the Flame of Hope.

To find out more about our various competitions, visit www.somn.org and click on the "Events" tab.

## 2. Final Leg

The 2018 Final Leg will be held Statewide from June 18-22, with the run into Celebration Ceremonies taking place on June 22<sup>™</sup>. Contact Molly Charbonneau (molly.charbonneau@somn.org) to get put in contact with a Leg near your department. Or just join us for the run into the Celebration Ceremonies on June 22<sup>nd</sup> and the LETR Celebration that night at the University of St Thomas. Meet some of our LETR Volunteers and see first-hand what the Torch Run family is all about!

## 3. Plunge

Register for one of our Polar Plunges and all the money that you raise will be counted towards your department's overall fundraising totals. Even better, get a team from your department started and raise even more money! Visit <a href="https://www.plungemn.org">www.plungemn.org</a> for more details.

### 4. Host a Local Fundraiser

Tip-a-Cops are a great way to get your community involved, and only requires a small number of volunteers. All you need to do is find a local restaurant that is willing to host the event and we can help you out from there. It's an easy way to show your support out in the community and it's a fun event as well!

#### 5. Merchandise Sales

Torch Run shirts and hats are \$20 each and all money raised goes directly to Special Olympics Minnesota and the LETRProgram. Hang a poster in your department and provide your contact information so others can contact you to purchase a shirt and/or hat.

