



Special Olympics Minnesota

Area 3 Unified Flag Football

Facts at a Glance

DATE: Saturday, September 21st, 2019

SPORT: Unified Flag Football

LOCATION: Portage Park
25570 Katherine Ave.
Cohasset, MN 55721

REGISTRATION:

- Registration will be open until midnight on **Sunday, September 8th** !
- Online Registration Website: <https://services.specialolympicsminnesota.org>
- The registration website can also be accessed via HOD Resources on the following website: www.specialolympicsminnesota.org
- If you need your username or password, please contact your HOD
- If you have any other questions regarding registration, please contact Dani Druse at dani.druse@somn.org or 763.270.7193.

RULES: This competition shall be conducted in accordance with Special Olympics rules and guidelines outlined in the Special Olympics Minnesota Handbook for these sports.

Sport Specific Guidelines: Unified Flag Football

- The qualifying score for each Athlete/Unified Partner is an assessment score. Please reference the Flag Football Handbook (attached to the registration email or available online at www.somn.org) on how to generate a score for each participant.
- Please complete and submit the Team Information Page (attached to the registration email) for each team within your delegation. This is an important tool used in the divisioning process.
- Equipment– Mouth guards are required (not provided), but pads are not. No metal or hard spikes are allowed. Participants should wear athletic shoes or plastic spikes. A one-piece, three-flag belt is used for competition, and will be provided.
- Ball Size – Intermediate (size 4)
- Roster Size – 5 minimum, 16 maximum. **Rosters provided at the competition will be checked against those provided during registration.**
- Gameplay – 5 vs 5 (3 Athletes, 2 Unified Partners on the field at all times)
- Unified Team Sports coach ratios are the same as traditional sports. Each team still needs one **non-playing** Level II coach. Unified Partners are not included in the athlete count for certification ratios.

Individual Skills Competition:

- Special Olympics Minnesota is adding Individual Skills as an official event, and it is therefore a qualifier for State.
- Athletes can compete in Individual Skills OR on a team, but not both.
- Please use the Individual Skills Rules and Scoresheet to generate a qualifying score for Individual Skills athletes. Note that this is different than the assessment score used for participants in the team event.

Tentative Schedule

GENERAL SCHEDULE

9:30 a.m.	Delegation Registration
10:00 a.m.	Coaches Meeting & Officials Meeting
10:15 a.m.	Opening Ceremonies
10:30 a.m.	Competition Begins
11:30 p.m.	Individual Skills

** Lunch and Awards will be presented at the conclusion of all divisions