



Special Olympics Minnesota Area 3 Tennis

Facts at a Glance

DATE:	Monday, July 22 nd , 2019
SPORT:	Area Tennis
LOCATION:	Virginia Indoor Tennis & Pickleball Club 1310 South 5 th Ave. Virginia, MN 55792

REGISTRATION:

- Registration will be open until **midnight on Sunday, July 7th!**
- Online Registration Website: <https://services.specialolympicsminnesota.org>
- The registration website can also be accessed via HOD Resources on the following website: specialolympicsminnesota.org
- If you need your username or password, please contact your HOD.
- If you have any other questions regarding registration, please contact Dani Druse at dani.druse@somn.org or 763-270.7193.

RULES:

This competition shall be conducted in accordance with Special Olympics rules and guidelines as outlined in the Special Olympics Minnesota Handbook for this sport.

SPORT SPECIFIC GUIDELINES – TENNIS:

- Athletes may participate in an Individual Skills event OR a Singles event, AND one Doubles Event.
- Please use the 2019 SOMN Tennis Competition Levels to help determine which events and levels an athlete should be registered for. These levels are based on ball type and court size. The Competition Levels along with Qualifying Scores will be used in the divisioning process and will indicate which ball and court size will be used in competition.
- At competitions, we will be using the low compression red felt balls rather than the foam balls for Individual Skills Level 1 and Short Court Singles Level 2. Per USTA recommendations, the red foam balls are recommended for practicing in a gymnasium, and the red felt balls are recommended when practicing and playing on a traditional tennis court.
- For Unified Doubles teams, the expectation is that the athlete and unified partner train and compete together throughout the season. Dedicated to promoting social inclusion through shared sports training and competition experiences, Unified Sports joins people with and without intellectual disabilities on the same team. It was inspired by a simple principle: training together and playing together is a quick path to friendship and understanding.

EVENT LIST:

Short Court Individual Skills (ISC Level 1)

Individual Skills (ISC Level 2 or 3)

Short Court Singles (Match Level 2)

Singles (Match Level 3, 4, or 5)

Doubles (Match Level 3, 4, or 5)

Unified Doubles (Match Level 3, 4, or 5)

Tentative Schedule

3:30 p.m. – 4:00 p.m.	Delegation Registration
4:00 p.m.	Coaches Meeting-Location TBD
4:15 p.m.	Opening Ceremonies
4:30 p.m.	Competition Begins: <ul style="list-style-type: none">• Individual Skills• Singles• Unified Doubles• Doubles
6:30 p.m.	Meal & Awards presented after competition.